

Lorraine Marie 21.11.1934 ~ 26.4.2016

A beautiful lady who will be deeply missed



The day before Lorraine became unwell I was able to inform her that the hospital & her peers had chosen her as our nominee for the [2016 Victorian Minister for Health Volunteer Awards](#), in the 'Lifetime Achievement' category. The award ceremony is to be held on the 18th May & a very small group of family & volunteers will attend to honour Lorraine's volunteering spirit & work. Lorraine was extremely humbled by the thought that staff & friends thought so highly of both her work at K&DH & as the truest of friends. Lorraine's volunteering at the hospital has spanned the past 20 years ~ assisting residents of Caladenia during meal times; with the weekly refreshment of flowers in patient & resident rooms; as a regular contributor and worker at the op shop (finishing this role one year ago); & on the hospital auxiliary as member, vice president, & more currently as its dedicated president. Lorraine was very unassuming, always preferring to do her work so quietly you would often be unaware that she had been working busily away. She believed that it was the 'little things that counted the most' whether a gentle conversation with a resident; selling raffle tickets; visiting a friend in need; or working busily at home to prepare for a market stall. We are all the better for everything she gave!

Farewell to a gentle soul.

On behalf of all K&DH volunteers we would like to send our warmest thoughts & condolences to the family & friends of Lorraine Marie who sadly passed away suddenly in April 2016. Never idle, in the days before her passing Lorraine MC'd the Auxilliary Fashion Parade; joined her friends in water aerobics; was co planning gifts of flowers for the mothers in all our facilities; & sorting items for the next Wallan Market Stall. She lived her life as she most enjoyed it – sharing & giving to her family, friends & community.

Thank you Lorraine for everything. You will be a guiding spirit for all of our future volunteering efforts at K&DH.

We know that there are many people who are deeply feeling Lorraine's death. Please do as she would most want ...take care of yourself & one another

+ Volunteer Thank You

Luncheon

2016

Wednesday 27th July

12 – 2pm

Put the date in your diary!



Robyne Jordan

Random Acts of Kindness

Robyne Jordan, pictured above lives in our local community and whilst she is not on our volunteer list Dianella is a regular recipient of her constant 'Random Acts Of Kindness'. Each week Robyne leaves a bunch of fresh flowers at the front door to brighten the Dianella spaces. This week Robyne came armed with 30 hand crocheted rugs to be given to each Dianella resident. Robyne usually goes about her 'acts of kindness' unannounced but we wanted to acknowledge her generosity. Thank you Robyne!



Maggie Beer Sensory Garden.

Caladenia's sensory Garden is slowly progressing. Once all the major building and paths are completed we will be planning a working bee to complete the garden. If you are interested in being involved let Tracey at Caladenia know. I will also post the date in our next newsletter.

Donations ~ plants and trees

Would you like to donate a tree or plant to contribute to the garden. We are looking for dwarf fruit trees such as peach, apricot, orange, lemon and olive trees; berries including strawberries and blueberries; herbs, including oregano, basil, mint, parsley, sage, thyme and coriander and finally seasonal vegetables including onion, potato, pumpkin, zucchini, tomato, lettuce, cabbage, peas, corn and beans. To avoid double up please speak to Tracey (5734 2072) about your possible offerings. They would be most welcome!





I should have laughed to hear his voice, and followed him around.
He should have thrown me in the air, before they put him in the ground

I wasn't even born ... But that's the tragedy of war.
He should have been my grandpa, not a name upon a wall.

Mick was not a hero, nor a young man keen to fight.
But a red-haired dad of seven, just trying to do what's right.

No tombstone marks his passing, no crowds paid him respect.
He was lost amongst the thousands, just another "with regret"...

No battle stories survived him, little's known about his war.
And his children have outlived him, in years and so much more.

His family has multiplied, (p'haps more than he's thought)
And our lives are lent any easiness, because he bravely fought.

I would have liked to hug his legs, and count wrinkles on his brow.
And so I hugged my uncles...they are not with me now

Still my mother and my aunties e'er provide a loving din.
When I look into their faces, I can see my grandpa's grin.

His blood runs through my body, and my children's young veins too.
And the love he had for family, has always followed through.

No lofty book will ever find, his history worth a line.
But the kinship he created will go on 'till end of time.

Patricia M. Larkins
2002

Many of you will know Sue Bolton, one of our Caladenia volunteers and Hospital Auxiliary members. Sue recently shared this poem with me which was written by her uncle's grand-daughter. ANZAC Day seemed a fitting time to share it with everyone. The poem was read as part of Caladenia's ANZAC Day service.

Our volunteers at work



Meet Louise Cox.

Louise is a queenslander who has been travelling around Australia with her husband. She recently spent a month in Kilmore and volunteered at Dianella Hostel providing support in the lifestyle & wellbeing program. We were sorry to see her go but wish her the best for her travels ahead.