

+ Conversations

*Do you enjoy a good chat ...
so do many of our residents
at Caladenia and Dianella.*

*If you would like to be a
friend to someone give me a
call on 0419574520*

Thanks - Jitka

Welcome to 2016 – another year of friendship in volunteering.

Many of you have already been busy in your volunteer roles for 2016. A special thanks to those of you who continued to help out over the January period. Your support and contact with residents was greatly appreciated over the quieter holiday break.



Introducing Deanne

Deanne recently started volunteering at Caladenia and has already made herself extremely welcome. Deanne travels from Wallan and was aware that she might particularly enjoy assisting with the administrative and development side of our wellbeing programs. Being fairly new to the area Deanne thought volunteering was one way to get to learn about and be part of her local community. Thank you Deanne and we hope you enjoy the work and the friendships you will make along the way.



The Beginning of our Maggie Baer Sensory Garden.

Last year we received a grant to develop a sensory garden at Caladenia ~ and works have begun. The development of the garden which will run through to mid-year will focus on a garden full of sensory experiences and objects to trigger enjoyable lifelong memories for Caladenia residents and their families. Derek commenced volunteering to assist in the garden late last year. If you are interested in being involved let us know. Volunteers will be able to assist from this early stage of the development of the garden through to its ongoing maintenance and supporting residents to spend time to enjoy everything it has to offer.

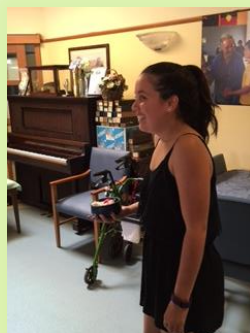
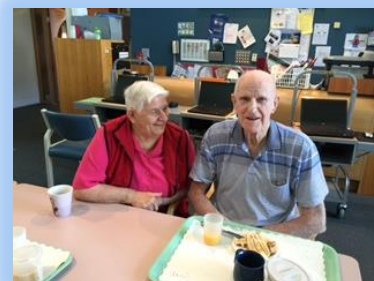




Along with her long term role of refreshing the flowers at both Caladenia and in the hospital on a weekly basis Marlene also volunteers in the Geriatric Evaluation & Management Ward (GEM). Staff of the GEM ward work with patients to regain and improve their physical, personal and social wellbeing to enable them to return safely home. The role of the volunteers in providing some social activities and conversation contributes to the program's holistic focus on all aspects of a person's wellbeing. It recognises that physical and emotional wellbeing is closely linked to a having both a sense of purpose and social connectedness.

Forever remember that the business of life is not merely about business, but about life.

~ B.C. Forbes



Astrid arrives almost every morning of the week to start her day by chatting with residents during breakfast. She is loved by all the residents and families who appreciate her commitment and enjoy her friendly face, slightly offbeat humour, and regular offering of 'bingo'. Here Astrid shares some time with John.

Volunteers Colleen and Leena at Caladenia, and Ruby and Emily at Dianella. Thank you for your hard work and the love of people so evident in the time you spend with others.